



One Particular Newsletter

News from the Parrotheads of the Old Dominion

April - June 2011

www.parrothead.org

First Newsletter Released to Rave Reviews!

Well, the first edition of our newsletter went over really well, and now we're welcoming you to our second edition!

There have been a lot of fun POD events going on. So take a look through these pages and remember the good times we had, and the great things we accomplished this spring.

Don't forget that you can submit your articles or ideas for stories for the newsletter. We welcome your input.

See you at the next POD event!!

Sincerely, Alyssa



Keeping our Community Clean

By Joan Smith Sullivan

Staff Writer

Our second quarter road clean-up was held on Saturday, June 25. The Parrotheads of the Old Dominion currently support two stretches of road in our communities. One is a two mile portion of Route 15 near Gilbert's Corner. The other is Signal View Road in Manassas.

Six POD members met at the Signal View Road site. Coordinator Diane Morvay says that a six person team is the optimal minimum team for this road. We were happy to welcome new members Cris Fugate and Kenny Barnette to the Signal View Crew.

The Route 15 team was not as lucky, but they were real troopers. They completed the road clean-up despite the fact that only four members showed up to help. The Route 15 location is the longer and more difficult site. Normally, 12 people make an adequate team.

Road clean-ups are highly visible contributions to our communities. We need your help to continue to maintain this service project. Our next clean-up is scheduled for August 20. Please, come put on the fashionable orange vest, and join us!

Kevin's Playland

By Alyssa Warner

Staff Writer



On April 16th, Kevin & Diane Wilshere hoped to christen "Kevin's Playland", their newly remodeled patio, Parrothead-style. Unfortunately, the weather didn't cooperate, and we were forced to move the party indoors.

Of course, being Parrotheads, that didn't stop the fun! POD members enjoyed themselves, talking, eating and playing ping-pong or pool (I particularly enjoyed the pool table!) We had to console Miss Bonnie over the end of *All My Children*. And because Parrotheads always help each other, Miss LaRee helped Miss Joan polish off a bottle of wine.

In all, it was a great night. Thanks so much to our hosts the Wilsheres. We can't wait to go back and enjoy the patio. But, we'll have to remember to bribe the weatherman to give us a sunny day!



Supporting Cystic Fibrosis Research

By Catie Harper
Staff Writer

The Parrotheads gathered at Joe's Crab Shack for an afternoon of food and fun, but that's not all. They gathered to raise money for the Cystic Fibrosis Foundation.

Since 1955 the Cystic Fibrosis Foundation (CFF) has been a driving force behind the pursuit of a cure. Approximately 1000 new cases of CF are diagnosed every year.

Although the coordinator, Mark Schenden, was unable to make it at the last minute, LaRee Pallone filled in for him. "I'm EXCITED about it!" she said, "And we had a pretty good turnout!" The event raised \$158.43 for Megan's Walk.

We appreciate the support of Joe's Crab Shack. This is the fourth time we've held this fundraiser, and they always do a great job! We are also thankful for the support of the Washington Area Parrothead Club.

It was great to attend this event, not only was it for a good cause... it was also great fun!



Cheeseburgers for CF

By Julia Smith
Staff Writer

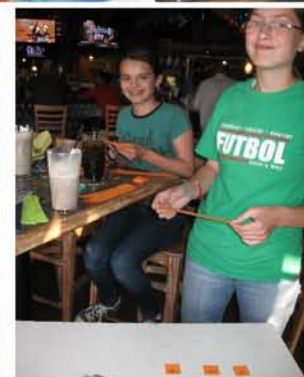
It was May 20th when the Parrotheads sat down around a table at the Cheeseburger in Paradise in Woodbridge, talking and laughing softly. Food slowly begins to arrive at the tables, soon the music will begin.

Coordinator Mary Roof worked very hard to arrange this event. Although she was unable to attend, Alyssa Warner and yours truly, Julia Smith, arrived early to make sure the 50/50 board was assembled and everything was ready to go (and of course, to test their milkshakes and make sure they were acceptable!)

The event at Cheeseburger in Paradise was a fundraiser to support POD's efforts in Megan's Walk for Cystic Fibrosis (CF). Cystic Fibrosis is an inherited chronic disease that affects the lungs and digestive system. About 30,000 people in the United States have been diagnosed with CF.

The entertainment for the evening was "Island Gerry" Maddox with special guest, John Patti. Gerry Maddox is a local Trop-Rock favorite among many of the POD members. John Patti has been playing the steel drums since he was 11, and has shared the stage with many well-known musicians.

At 9:00 they took the stage, and that's when the tiles on the 50/50 board began selling. In all, we raised \$135.00 for Megan's Walk! We are very thankful for the support from Cheeseburger in Paradise, and all the POD members who came out to support the cause.



Parrotheads Help Blow Away Cystic Fibrosis

By Alyssa Warner
Staff Writer

The Parrotheads of the Old Dominion met in Leesburg to participate in Megan's Walk for Cystic Fibrosis on May 22.

Megan's Walk is a combination of groups that raise money for the CF Foundation in honor of Megan Stewart, a Leesburg teen. Megan fought the disease for 15 years before she passed away in 2007. But Megan's Walk will continue, her parents say, until "CF" stands for "Cure Found". Megan's Walk raised over \$100,000 last year, and expects to raise more this year.

Dina Bessa championed the cause for POD and coordinated the event, as she has for almost 10 years. "I would think that Megan's Walk is the longest continually run activity that the club [POD] has participated in," she said.

Our goal, Dina added, was \$3,450.00. We came very close, raising \$3,208.00 for the cause. POD had excellent participation for this event, with more than 30 members walking the walk.

Not only does POD support the event by sending walkers, we also man a water station each year. This year, Rickie Nicolo, Micki Crouse and Ross Smith handed out water bottles at the first quarter point of the walk.

The walk itself is a five mile stretch of the W&OD Trail. Along the trail is a bench placed there in Megan's memory. I think the plaque sums up why we are all there:

"Each spring we walk this trail to take Great Strides for Megan Tyler Stewart and others like her born with cystic fibrosis. An avid equestrian, athlete and reader, she was surrounded by friends as her shyness always gave way to laughter and a wide smile. Taken from us in 2007 at 15, her love of life lives on in our hearts. We walk so others like Megan can share in her spirit for a full and healthy life."



Team 1 - Project SERVE

By Julia Smith
Staff Writer

Team 1 (or Team Francis, as I like to call it) arrived at SERVE on April 10 to make lunch for everyone.

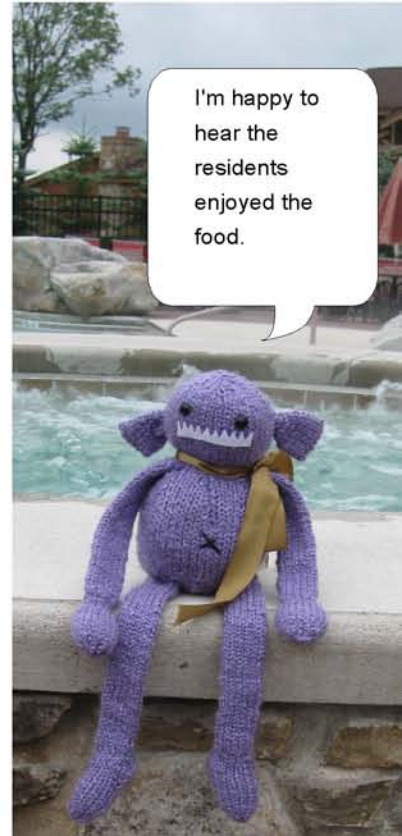
SERVE is a 60 bed emergency shelter and food bank that assists residents of Prince William County. They have a cook who makes meals during the week, but on the weekends, churches or civic groups (like POD) sign up to make meals. The residents look forward to the weekends because they enjoy the home cooked food.

For our meal, James and Ross made homemade chicken vegetable soup. They peeled and chopped vegetables and stirred the pot. Mom put in the seasonings, made pasta for the soup and gave us all orders.

Alyssa and I made iced tea and lemonade. We also put the salad together, AND we made the best part... ooey gooey BROWNIES!

Everyone there had nice things to say about our meal, and they were thankful to us for taking the time to come cook for them.

Francis was very happy to hear that the residents enjoyed the food.



March of Dimes Walk

By Alyssa Warner
Staff Writer

On April 9, 2011 my family and I walked for the "March of Dimes" babies in Airlie, VA. The March of Dimes is a charity that raises money to help babies who were born prematurely.

We walk to honor my Aunt Sherri. She really loved this charity and supported it every year. So my family and I walk for her. Sometimes other friends, like Mike and Bonnie Peery, join us to support the babies and the charity.

When we arrived, they had breakfast for us. We started walking shortly after we ate. There were two different paths you could take when you were walking. There was a shorter path, and a longer path. I took the longer path.

Once we finished the walk, the March of Dimes volunteers had lunch ready for us and activities set up for the kids.

Our team is "Team Buggaboo". My Mom, Amber Warner, is our coordinator. She said, "We do the walk to raise money for a great cause that Sherri believed in. I know she's smiling down on us each year as we come together to walk."

march of dimes

Team 2 - Project SERVE

By Lynn Czarny
Guest Writer

There is that age-old question as to which came first... was it the chicken (or in this case the parrot) or was it the egg? We Parrotheads are not bird-brains but we haven't figured that one out yet either. However, we were tired of being "cooped-up" so we "scrambled" over to SERVE on Memorial Day and prepared a great breakfast for the residents. We had a "clucking" good laugh seeing each other in our hairnets. Seeing the guys was enough to make anyone "crack-up".

We prepared several great casseroles and sausage biscuits. Staff and residents alike were quite appreciative of our efforts. It really didn't take that much time or effort. It was "over-easy" before we knew it... and that's no "yolk". We did the chicken dance in the parking lot and went our separate ways.

All jokes aside, Team 2 (Mary, Forrest, Sue, Vince, Joan, Ross, Larry and myself) felt great about helping out at the shelter.



Catie's Word of the Quarter:

KARTOFFELPUFFER

Definition: "A German potato cake."

Catie's Definition: "A food item with a funny name that deserves attention."

Used in a Sentence:

Julia: "Did you taste the kartoffelpuffer at Catie's shindig?"

Alyssa: "It was the most awesome potato cake known to man!!"

PROJECT PopTop

By Catie Harper, Julia Smith, and Alyssa Warner
Staff Writers

Don't forget to save the pop-tops from your sodas or food cans. We are collecting and recycling them to raise money for the Ronald McDonald House.

They are small and easy to save, so pass them along to us (Alyssa, Catie or Julia) or our parents when you see us at POD events.

Thanks so much!!

Doughn't Ya Love the Dough Raisers?

By Joan Smith Sullivan

Staff Writer

What's not to love about our Dough Raisers at Uno's in Manassas? Not only do you get out of cooking and cleaning up, you also get to sit and enjoy a leisurely meal with friends, there are warm cookies at the end, AND Uno's kicks back 20% of the total receipts to the club. That money goes into our POD Charities Fund, and is used at the club's discretion for charitable causes as needs arise.

There is a group of "the usual suspects" that consistently attend our monthly Dough Raisers, but sometimes we get a surprise. You never really know who's going to walk through the door.

And here's a hot tip! We just found out (thanks to Lynn and Larry Czarny) that if you go to Uno's and have dinner, you can



purchase movie tickets for Regal Cinemas right at Uno's for \$7.50 per ticket. That's a bargain!

Uno's is a local restaurant that has been extremely supportive of our efforts in the community. Their management team has consistently been willing to help us in so many ways, with our various service projects. We appreciate their commitment to Manassas community and all its residents.

But what we appreciate the MOST... is the warm cookies! Thanks to everyone at Uno's!!



Helm Committee Decides Where to Steer the Phlock for the Rest of the Year

By Joan Smith Sullivan

Staff Writer

Eleven members of the club hung out after Megan's Walk to plan club events for the rest of 2011. We added standard club events to the calendar... Phall Phest, Pasta & Bingo, the Christmas parades and Christmas party. But we also kicked around a few new ideas... a happy hour at Clarke's and a Texas Hold 'em Tournament.

One of the biggest items for discussion was Midwinter 11. The Pirates of the Potomac committed to 10 Midwinter Meltdown events. Meaning, this coming event will be the last one where they will be involved in the planning. So we needed to decide if we wanted to continue the tradition on our own. The helm members unanimously voted to continue the event... so there will be a Midwinter Meltdown 11!

The best way to stay engaged with any group is to get involved. Helm Committee meetings are open to all members of the club. The Committee is always looking for new ideas for events and service projects. Every club member is encouraged to attend the meetings, and submit ideas. Oddly enough, we forgot to schedule the next Helm Committee meeting, but we generally have it in early January... hope to see you there!



... to the following club members who have birthdays in the third quarter :

JULY

8	Rob Taylor
17	Dave Petrey
19	Christiner Suter
20	Dan Hudson

AUGUST

2	Rickie Nicolo
7	Lisa Marks
8	Liza Barton
10	Becky Lueth
14	Jerry Buckner
18	Terri Schenk
20	Larry Czarny
23	Ken Lueth
26	Sandy Kayser
30	Joanne Richcreek
31	Susan Wiley

SEPTEMBER

2	Glenn Horton
2	Barry Truluck
4	Roger Miller
11	Tom Polera
16	Sue Styer
17	Cathy Polera
24	Mary Roof
25	Mary Lou French
27	Bob Nicolo
29	Don Easley

Hard Times for SERVE

By Joan Smith Sullivan

Staff Writer

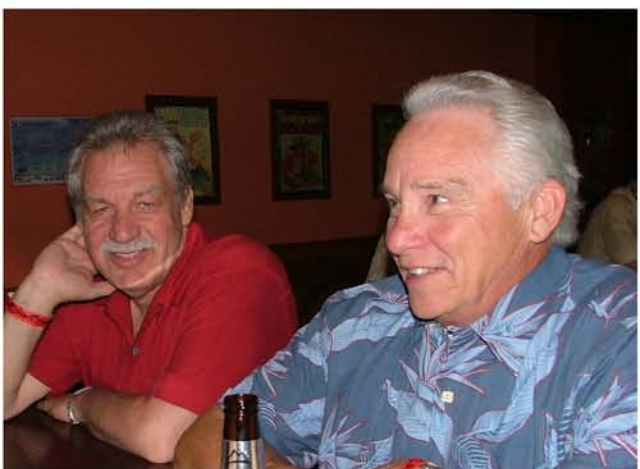
Hard Times is usually known as a great place to hang out, play pool and have a great bowl of chili. But on June 3, it became a great place to hang out, have a great bowl of chili and listen to some of our favorite artists.

At 6:30 David McKenney took the stage to play songs we know by heart, and a few others as well. David's been a favorite at POD events since he volunteered his services last year at our Hard Times CF Fundraiser. This year he also brought copies of his new CD, "Tiki Bar Hoppin".

Then we closed the night out with Ted Garber. Ted is always great for crowd interaction, and this night was no exception. He entertained us with songs from his CDs and some of our favorite Irish drinking songs. Ted also had his new album with him, "Ted Garber - Live at Strathmore".

But, since it was a Parrothead event, you know if there's a party we certainly have a purpose. We ran 50/50's and had several silent auction items to raise money for SERVE. In the end we were able to donate \$776.00 to the organization!

The owners of Hard Times, Randy Barnette and Chris McNulty, have been great supporters of POD and our community service efforts for several years now. We really appreciate their focus on giving back to the community, and supporting organizations that share that interest.



Send us Your Stories!!

Have you attended a Parrothead event sponsored by another club? Have you volunteered for a special event or charity function outside of the Parrothead club? Do you have an idea for an article for the newsletter? Do you JUST have something on your mind?

Let us know what other charities and events are important to you, or what you are thinking. We'd love to include information from guest writers.

Thanks!! Alyssa, Catie and Julia

One Particular Newsletter

A quarterly publication

Staff Writers:

Catie Harper, Julia Smith and Alyssa Warner

Editor: Joan Smith

Upcoming Events:

JULY

- 7/2 Team 3 – Project SERVE (lunch)
- 7/4 Cookout at Horton's - Collection for Troops
- 7/9 Charlestown Races & Slots
- 7/21 Dough Raiser at Unos, Manassas
- 7/24 Dress For Success (women's professional attire collection) at Chrysalis Vineyard

AUGUST

- 8/18 Dough Raiser at Unos, Manassas
- 8/20 Road Cleanup
- 8/20 Happy Hour at Clarke's Restaurant-
DVD Collection for the Troops

SEPTEMBER

- 9/15 Dough Raiser

Watch the club calendar... you never know when new events will be added!

Parrotheads of the Old Dominion is a nonprofit charitable organization established to provide support and assistance to the community, to maintain and improve the environment and to provide a variety of social activities for people who share an interest in Jimmy Buffett music. In the process of making new friends and having fun, we believe in leaving something positive behind. Our club is open to anyone with a tropical spirit and the desire to contribute to the betterment of our community.



Parrotheads of the Old Dominion

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