



One Particular Newsletter

News from the Parrotheads of the Old Dominion

January - March 2012

www.parrothead.org

MidWinter Meltdown Hits New High!

By Ally Taylor

Guest Writer

POD Family, MidWinter Meltdown has come and gone. This 10th anniversary event was a huge success in every way. Anyone we heard from said they had a great time. All of the artists thanked us for having them and told us how much they enjoy playing our event. And most importantly, we raised more money for charity this year than we ever have.

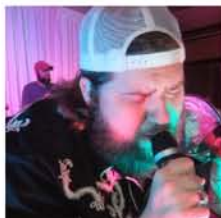
The MWM 10 Planning Committee is pleased to announce that the following donations will be made to our charities:

- **Alzheimer's Association** - \$605 from the special quilt raffle;
- **Haiti Micah Project** - \$1,700 from special silent auction items and 50/50 boards in honor and memory of Pirate WII Grant; and finally...
- **SERVE** - \$12,000 from all remaining proceeds.

That is an amazing \$14,305 in charitable contributions!!!! MWM10 is definitely an event that partied with purpose!!!!

Thank you to everyone that made this event such a huge success especially all of the POD members that signed up and worked volunteer slots. And to the most amazing planning committee on the planet... you guys simply rock!!!!

Thanks again for all you did to make the 10th anniversary of MidWinter Meltdown one of the best ever!!!!



Scenes from the Meltdown...





THANKS FROM HIDTA

By Brian Coe, M.Ed, HIDTA Prevention Therapist III
Guest Writer

In large part due to the generous donation provided by the Parrotheads of the Old Dominion, the Prince William County High Intensity Drug Trafficking Area (HIDTA) Prevention program again was able to make the Christmas holiday a little brighter for 16 families and 61 people participating in the Georgetown South community Together in Education, Action and Mission (TEAM) program. In addition to donations provided by the Parrotheads, Washington-Baltimore HIDTA and Prince William County Community Services staff offered donations to support this worthy cause. Through these collective acts of kindness, the families and individuals we serve were provided with some creature comforts, necessities and food.

The gifts of warm clothing, toys, games, gift cards and other items went an extra long way in providing these low-income families with a sense of joy as they celebrated the holiday season.

Brian Coe of HIDTA picking up donations from POD ►



Parrotheads of the Old Dominion Accept Award for First Place in the 2011 Greater Manassas Christmas Parade

By Joan Smith Sullivan
Staff Writer



We were REALLY excited when the winners of the 2011 Greater Manassas Christmas Parade were announced. The Parrotheads of the Old Dominion won first place in the Clubs and Organizations category for our "Christmas Remembered" float. Our float featured pictures of all our entries in the parade, a larger than life scrapbook, and pieces of the floats from previous years. We went to City Hall in Manassas on January 23rd to accept the award from Manassas Mayor Harry J. Parrish. Way to go PODsters!



The Helm has Breakfast with Bob

By Joan Smith Sullivan
Staff Writer

The Helm Committee met at Bob Evans on February 25th to set the calendar for the coming months and have some of the best biscuits and gravy around.

And what goes better with breakfast than coffee? Our President, Norm, surprised everyone by bringing us a present from Margaritaville. He received one bag of new Margaritaville coffee for every club member. So everyone shared, compared and took home a bag of coffee to try.

The Helm Committee meetings are open to ALL members. We encourage you to attend and to host an event... whether a fun new activity or a happy hour. If you don't see something you like on the calendar, then it's up to you to speak up!

We look forward to seeing you at the next Helm meeting!





The Pirates Step Away from the Helm

By Joan Smith Sullivan
Staff Writer

In the final act as Chairman of the MidWinter Meltdown, Ally Taylor was on hand on March 1st when members of the Parrotheads of the Old Dominion and Pirates of the Potomac donated the proceeds from MidWinter Meltdown 10 to SERVE. The check for \$12,000 was received by Andrea Zych, Director of SERVE, and Karen Horowitz, Director of Development for SERVE. In an odd twist of fate, the check was presented at the Old Town Sports Pub, formerly Brady's, the site of the original MidWinter Meltdown.

This MidWinter Meltdown was a bittersweet event, as the Pirates of the Potomac step down from the leadership of the event. The Meltdown started as a birthday party for Bob Marley in the Taylor's basement. In its ten years, it has grown to be one of the best parties of the year, anticipated by Parrotheads and musicians alike.

As a gesture of gratitude for a job well done, and in appreciation for all their work over the past ten years, the Parrotheads of the Old Dominion presented the Taylors with an original portrait of Bob Marley painted by our very own J Douglas.

J chose to portray Marley in a candid, happy, relaxed moment. It's just those types of moments we expect for the Taylors now that they can attend the Meltdowns as guests, and not organizers.

All of the Parrotheads of the Old Dominion wish to thank the Taylors and all the Pirates of the Potomac for bringing this great event to our area. We hope to continue the party in the true spirit of the Meltdown. Don't worry about a thing. Every little thing's gonna be all right...

The Great Thing About Road Clean-ups

By Joan Smith Sullivan
Staff Writer



I love participating in our road clean-ups.

My favorite part of Route 15 is either the part with the horses or the cows. They usually will come over, hoping for a treat, and walk along with you. The cows give a friendly moo, as they come to keep me company.

I love that people honk and wave. It bothers me that so many people think it's ok to throw their trash out the window. People that honk and wave let me know that some people appreciate the work we do to keep our earth clean.

I like seeing all my Parrothead friends who also drag themselves out of bed at a stupid hour of the morning on a Saturday JUST to do something good for the world. Our Parrothead club always renews my faith in people... and in my opinion, the road clean-ups are the best and most important show of civic concern that we have on our calendar. They are not easy, and they not fun... but I love the road clean-ups. Come join us! The cows will be waiting to greet you.



And the Dough Keeps Rising...

By Joan Smith Sullivan
Staff Writer

Uno's provides a really great service to the community by offering Dough Raisers. Not only does it give the cook of the house a night off every 3rd Thursday, they also get to have dinner with friends, warm cookies at the end, AND 20% of the tab comes right back to our club.

Steve Johnson, Manager of Manassas Uno's, said that Uno's will cut us a check when we reach \$1000, and we are currently at about \$800. So come on! Enjoy a night out at the POD Family Dinner, and support our POD Charities Fund.

The dough just keeps rising!

POP TOP DROP



By Joan Smith Sullivan
Staff Writer

On March 25th the staffwriters for *One Particular Newsletter* took a field trip to the Ronald McDonald House located at Inova Fairfax Hospital to donate pop tops and cash to the organization.

One Particular Newsletter won third place in the Newsletter Contest at the 2011 Meeting of the Minds. The prize was \$100 to be donated to the charity of the club's choice. Since Alyssa, Julia and Catie work so hard to publish our newsletter, the Helm decided to let the girls choose the charity to receive the money. The girls chose to donate the money to the Ronald McDonald House. Ronald McDonald Houses offer families a home away from home while their child is being treated at local hospitals.

The Ronald McDonald House is also the beneficiary of the staffwriter's own service project, Project Poptop. The staffwriters collect pop tops from soda cans and donate them to the Ronald McDonald House for recycling. Soda pop tops are pure, high-quality aluminum and are easy to save. But a gallon of pop tops is only worth \$1.49... so the Ronald McDonald House needs LOTS of them.

Please tell your friends to save their pop tops and turn them in at any POD event. You don't have to be a major contributor, like O'Raleigh's Pub... every little bit helps! Help make a difference to a family with a sick child.



PROJECT Poptop

By Catie Harper, Julia Smith, and Alyssa Warner
Staff Writers

Don't forget to save the pop-tops from your sodas or food cans. We are collecting and recycling them to raise money for the Ronald McDonald House.

They are small and easy to save, so pass them along to us (Alyssa, Catie or Julia) or our parents when you see us at POD events.

Ronald McDonald Houses help families with sick children by giving them a place to stay.

Thanks so much, we appreciate your support!



Julia's Word of the Quarter: DEBACLE

Definition: "A great disaster. A complete failure."

Julia's Definition: "A world without noodles or cookies."

Used in a Sentence:

Julia: "Can I have another cookie?"

Alyssa: "You ate them all."

Julia: "What a debacle!!"



February birthday girl, Bonnie Peery, celebrated her once-every-four-years birthday in Key West, Florida this year.

HAPPY BIRTHDAY, Bonnie!!

(We wish we could have been there with you!)

Laissez Les Bon Temps Roulez!

By Joan Smith Sullivan
Staff Writer

Mardi Gras, or Fat Tuesday, traditionally refers to the period before Ash Wednesday when people eat richer foods in preparation for the Lenten season. To the Parrotheads of the Old Dominion it refers to the time of the year just after the MidWinter Meltdown when can we all relax and enjoy good New Orleans food and each other's company.

On February 11th the club gathered at Okra's in Manassas, wearing the colors of the season... purple, green and gold. There was laughing. There were masks. Alcohol may have been involved. There were king cakes... one REAL New Orleans king cake, and one made by our very own 1PN staffwriters. They both tasted delicious. THREE babies were found in the two king cakes so three new queens were crowned... Lynn Czarny, Rickie Nicolo and Carol Buckingham. Next year they will be responsible for bringing the king cake. This year they were just responsible for wearing their crowns proudly.

We had a great turnout for the event, and coordinator Mark Schenden did an outstanding job arranging the facility and making sure there was lots of fun stuff on the tables for everyone to enjoy.

The Parrotheads truly did "Laissez Les Bon Temps Roulez!"... let the good times roll!!!



... to the following club members who have birthdays in the first quarter...

JANUARY

13 Dina Bessa
14 Robert Barton
19 Ally Taylor
20 Norm Styer
27 Mike Marks

FEBRUARY

5 Chris Reed
5 John Friday
15 Missy Miller
16 LaRee Pallone
16 Carol Buckingham
29 Bonnie Peery

MARCH

2 Tamara Teele
5 Sue Miller
6 Mike Peery
6 Sam Wiley
9 Chris Agan
10 Vince Miller

MARCH (continued)

11 Alyssa Warner
25 Amy Appleby
29 Dvora Sheremeta

Partying with a Purpose at Clarke's

By Joan Smith Sullivan
Staff Writer

What is there not to love about Clarke's Grill and Sports Emporium, in Manassas Park? They have friendly wait staff, excellent food, a roomy dining area and lots of tv's everywhere! The great atmosphere at Clarke's has made it a new favorite spot for the Parrotheads of the Old Dominion. And so it was that on March 24th we met there to have some fun and, of course... to help a charity.

Event coordinators, Sue and Vince Miller, are good friends with owners Clark Congdon and Mike Larkin. They decided that Clarke's was too good NOT to share. And we all agree. Chef George Zwetkow knows what people like. Honestly, there is not a bad choice on the menu. Everyone had a great time enjoying their food and beverage choices, and mingling.

At the suggestion of Amy Truluck, this event supported Bless an Orphan. Amy said, "I work with a woman who was running a drive for Bless An Orphan. They were in desperate need of supplies. We collected disposable diapers, clothing, toys, blankets, a high chair, an exersaucer and cash. They were very appreciative and grateful for all of our donations."

Bless an Orphan is a ministry led by Karissa and Marshall Washburn. Their mission is to help orphans, widows and battered women in the Napo Province in Ecuador. In Ecuador, 60% of deaths among women are due to abuse; and over a million children are abducted or sold into sex trafficking every year. Last year Bless an Orphan built a mission house; and this year, construction of an orphanage is almost complete. This June they received their non-profit ministry recognition, and they are able to facilitate adoptions. Additionally, the Washburn family "took a huge leap of faith" and moved their whole family to Ecuador. They continue to "build their ministry and the Kingdom of God".

The Bless an Orphan website is a work in progress, but after reading the newsletters, you can't doubt that they truly believe in their cause. Amy adds, "For more information, see Blessanorphan.org, or like "Bless an Orphan" on Facebook."



WE'RE ON A ROLL!!



By Joan Smith Sullivan
Staff Writer

There was a rumble in Chantilly on March 11th, but it wasn't thunder. It was the Parrotheads convening at Bowl America for our annual bowling event.

"The best part was picking which alcohol bottle I want when I win high score," said event organizer, Glenn Horton. Glenn bowls in a league so he graciously takes himself out of the running for the prizes, but the stakes were high this year... a bottle of Private Stock for the winner! All the POD guys were vying for that prize. Les Morvay, Mike Peery and Skip Freeberg were all big turkeys... I mean, they all scored turkeys in their games.



In the end, high score for the adults went to Skip Freeberg with a 190. Low score went to Lynda Moore. High score for the kids was a three way tie between birthday girl, Alyssa Warner, Julia Smith and Sammy Perara. They each had 113 (which, oddly enough, was Alyssa's birthday and that day's date... backwards!) Low score went to new member, Shon Haley.

The big winner was our charity for the event, Interfaith Relief. Interfaith has been serving Loudoun County since 1991. They are the county's biggest emergency food bank. In the last fiscal year, they served 75,000 individuals. The Parrotheads of the Old Dominion are proud to help them in their mission.

So it was another successful POD event. Leza Horton summed it up well, "Kids and parents enjoy themselves for the afternoon. It's nice that it's a family thing."



1PN Staff Bearing Good Wishes to MWM Patrons

By Joan Smith Sullivan
Staff Writer

The 1PN Staffwriters wanted to help with an item for a Midwinter Meltdown auction basket. So on January 14th, they headed to Build-A-Bear in Fair Oaks Mall to make a bear to be featured in the The *Little Miss Magic* silent auction basket for a little girl. Alyssa, Catie and Julia made sure the bear was special. They picked a fun, tropical outfit, sure to please any little girl; and they each contributed a heart, so the bear would have lots of love for it's new owner. The girls hope the winner enjoys her new friend!



It's 5:00... in Leesburg!!

By Joan Smith Sullivan
Staff Writer

By popular request, POD is starting a series of happy hours in Leesburg. Every other month there will be a happy hour at a different local restaurant. The first one was held at Vintage 50 on February 8th. A good time was had by all.

The happy hours are a great way to wind down your week with good food and good friends.

Keep watching for more happy hours in Leesburg and come out and join us!

Send us Your Stories!!

Have you attended a Parrothead event sponsored by another club? Have you volunteered for a special event or charity function outside of the Parrothead club? Do you have an idea for an article for the newsletter? Do you JUST have something on your mind?

Let us know what other charities and events are important to you, or what you are thinking. We'd love to include information from guest writers.

Thanks!! Alyssa, Catie and Julia

One Particular Newsletter

A quarterly publication

Staff Writers: Catie Harper, Julia Smith, Alyssa Warner

Guest Writers: Ally Taylor, Brian Coe

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Upcoming Events:

APRIL

- 4/11 Happy Hour - Leesburg
- 4/19 Dough Raiser - Uno's Manassas
- 4/22 Joe's Crab Shack Fundraiser for Cystic Fibrosis

MAY

- 5/6 Megan's Walk
- 5/6 Spring Fling
- 5/17 Dough Raiser - Uno's Manassas

JUNE

- 6/9 Road Cleanup
- 6/20 Dough Raiser - Uno's Manassas
- 6/21 Buffett Night at the Potomac Nationals

Watch the club calendar... you never know when new events will be added!

Parrotheads of the Old Dominion is a nonprofit charitable organization established to provide support and assistance to the community, to maintain and improve the environment and to provide a variety of social activities for people who share an interest in Jimmy Buffett music. In the process of making new friends and having fun, we believe in leaving something positive behind. Our club is open to anyone with a tropical spirit and the desire to contribute to the betterment of our community.



Parrotheads of the Old Dominion

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